The Four Forms of Every Main Verb

The following list shows the forms for the regular verb <u>help</u> and the irregular verbs <u>write</u> and <u>tear</u>.

General present tense Past tense Past participle Present participle help, write, tear helped, wrote, tore helped, written, torn helping, writing, tearing

The Six Verb Tenses

Present, Present Perfect, Past, Past Perfect, Future, and Future Perfect

The purpose of different verb tenses is