

As Prepared by the Healthy Lunch Box (2016)

Main														
Apr 2016														
M	T	W	T	F	S	S								
2	3	4	5	6	7	8								
9	10	11	12	13	14	15								
16	17	18	19	20	21	22								
23	24	25	26	27	28	29								
30														
7	8	9	10	11	12	13								
B: Assorted Apples, 1% or FF Milk			B: Egg & Cheese Sandwich, Banana, 100% Juice, 1% or FF Milk			B: Ham, Cheese, Potato Sandwich, Blueberries, 100% Juice, 1% or FF Milk			B: Apple, 1% or FF Milk			B: Fresh Orange, 1% or FF Milk		
L: Chicken Broccoli, Creamy Chicken Sauce, Pasta, Pomodoro Sauce, Fresh Orange Slices, 1% or FF Milk			L: Grilled Chicken Sandwich, Sanitas			L: Turkey, Potato, and Avocado Salad, Red Beans			L: Soft Chicken			L: Soft Chicken		
14	15	16	17	18	19	20								
B: Assorted Apples, 1% or FF Milk			B: French Toast, Apple, 1% or FF Milk			B: Ham, Cheese, Potato Sandwich, Blueberries, 100% Juice, 1% or FF Milk			B: Apple, 1% or FF Milk			B: Fresh Orange, 1% or FF Milk		
L: Grilled Chicken Breast, Gravy, Rice, Broccoli, Corn, Fresh Orange Slices, 1% or FF Milk			L: Grilled Chicken Breast, Gravy, Rice, Broccoli, Corn, Fresh Orange Slices, 1% or FF Milk			L: Turkey, Potato, and Avocado Salad, Red Beans			L: Soft Chicken			L: Soft Chicken		
21	22	23	24	25	26	27								
B: Assorted Apples, 1% or FF Milk			B: French Toast, Apple, 1% or FF Milk			B: Ham, Cheese, Potato Sandwich, Blueberries, 100% Juice, 1% or FF Milk			B: Apple, 1% or FF Milk			B: Fresh Orange, 1% or FF Milk		
L: Spaghetti w/Meat Sauce, Salad w/Italian Dressing, Fresh Orange Slices, 1% or FF Milk			L: Spaghetti w/Meat Sauce, Salad w/Italian Dressing, Fresh Orange Slices, 1% or FF Milk			L: Turkey, Potato, and Avocado Salad, Red Beans			L: Soft Chicken			L: Soft Chicken		
28	29	30	31	1	2	3								
B: Assorted Apples, 1% or FF Milk			B: French Toast, Apple, 1% or FF Milk			B: Ham, Cheese, Potato Sandwich, Blueberries, 100% Juice, 1% or FF Milk			B: Apple, 1% or FF Milk			B: Fresh Orange, 1% or FF Milk		
L: Tangy Chicken Drumstick, Pasta w/ Cheese, Green Beans, Wheat Dressing, 1% or FF Milk			L: Tangy Chicken Drumstick, Pasta w/ Cheese, Green Beans, Wheat Dressing, 1% or FF Milk			L: Turkey, Potato, and Avocado Salad, Red Beans			L: Soft Chicken			L: Soft Chicken		