

On Campus Resources

The Student Health Center

- Free Condoms
- Birth Control
- Plan B One-Step
- Pregnancy Testing

SHSU Counseling Center

- Individual and/or Group Therapy
- Helping Kats COPE Workshop
- Short-Term Counseling

Student Money Management

- Personal Finance Coaching

SHSU Food Pan

- Food
- Free Meals

Employee Assistance Program (EAP)

The EAP is available to employees whether they participate in the ERS Health insurance plan or not.
m 800.346.3549

Off Campus Resources

Additional off campus resources for pregnancy testing, STD testing, materials (diapers, formula, clothes) and parenting classes.

Parenting/Lactation Rooms

KNOW YOUR RIGHTS

Extracurricular Activities

Title IX prohibits a school from excluding a